



Coaching Relationship Expectations

I believe it's important for you to understand my coaching style and expectations for our working relationship. This will enable us to work together more efficiently, and for you to achieve the greatest success.

1. We will meet regularly in accordance with our scheduled coaching sessions.
2. Before our meeting, you will complete the ongoing coaching session form and return it to me no later than 24 hours before our scheduled appointment.
3. To prepare for our call, you will decide on what area you'd like to focus. If you are unsure, then I will help you to determine where my help can be the most effective.
4. You will take the time to do the work necessary to grow your business. Coaching is not a "done for you" relationship. You must commit to do the work, or you will not have satisfactory results.
5. If, at the time of our meeting, you are unprepared, we will reschedule to give you time to complete the work necessary to move forward.
6. Each month, we will prepare and review the monthly review form, so that we can both know you are benefitting from our relationship. If at any time one of us feels you are not benefitting, we will agree to end our relationship.